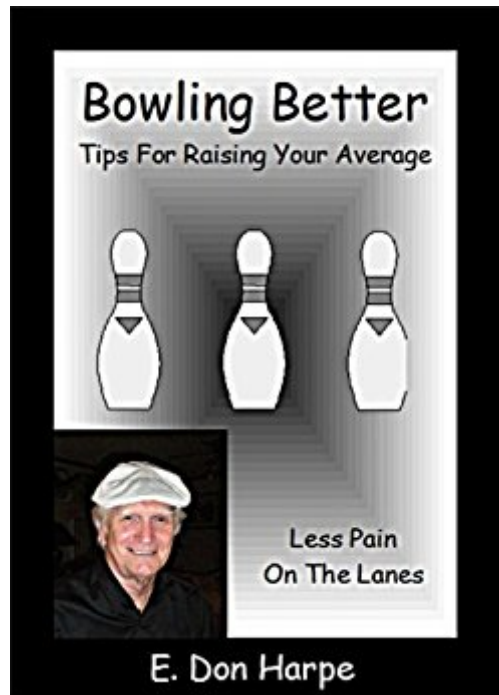




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# BOWLING BETTER: LESS PAIN ON THE LANES



## Synopsis

I'm not a professional bowler nor a professional bowling coach, and I suggest that if any of you have the time and the money you should take advantage of one of the many excellent clinics that are available today. However, me not being a pro is the very reason I think this book will work for many average league bowlers like myself. I've written it in terms that I think are easy to understand and, I hope, easy to put into practice. Over the years I've learned a lot of little things that have helped me keep my game on track, and those are the things I've tried to pass along to you in this book

## Book Information

File Size: 216 KB

Print Length: 52 pages

Publication Date: March 18, 2011

Sold by:Â Digital Services LLC

Language: English

ASIN: B004SVDOFU

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Enhanced Typesetting: Enabled

Best Sellers Rank: #487,543 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #11

inÂ Kindle Store > Kindle eBooks > Nonfiction > Sports > Individual Sports > Bowling #35

inÂ Books > Sports & Outdoors > Individual Sports > Bowling #432 inÂ Kindle Store > Kindle Short Reads > 90 minutes (44-64 pages) > Sports & Outdoors

## Customer Reviews

I love the game but am not very good,sometimes I start using my arthritis as an excuse but stop myself because there are people in my group that are in their eighties and nineties that do not complain about their ailments but enjoy the game and of the company of others like them.The author of this book talks about bowling but shows us that it can be about anything in life that we strive for,it is not the ups and downs but in the end that we have put up a good fight with few regrets.Thank for putting this book on there site.It did not get five stars because nothing is perfect.

I've learned a lot from this book that I've been able to put into practice.

Great book

This book is based on the experience of an above average bowler, not a professional. I found that it contradicts a lot of the advice from the professionals. I would pass on it.

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Reflexology) TMJ Temporomandibular Joint Dysfunction - Causes, Symptoms, Treatment, and Pain Relief For Your Jaw Pain (How to Get Rid of Jaw Pain & Headaches Due to TMJ)

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